



We pride ourselves on our commitment to preparing food that is made fresh every day especially for you

Platter Menu

Thrupps offers our customers a wide variety of platters made from only the best locally sourced and sustainably produced ingredients.

Breakfast Platters

Fresh Fruit

Fresh seasonal selection of sliced or skewered fruit with a vanilla yoghurt dipR320

Breakfast Pastry

Fresh homemade plain and chocolate croissants, muffins, danishes, served with jams and buttersR320

Breakfast Croissant or Wrap

Fresh homemade croissants or wraps with a choice of 3 of the following fillings:R380

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|-------------------------|------------------|
| Bacon, lettuce & tomato | Cheese & tomato |
| Sliced egg & lettuce | Ham & lettuce |
| Smoked turkey & lettuce | Sliced egg & ham |
| Cream cheese & chives | Bacon & avo |

Scones

Freshly baked scones with cheese, jam, butter and whipped creamR300

Snack Platters

Supporters Snacks

Mini chicken kebabs, pork ribs, meatballs, chipolatas, and chicken nuggets served with a sweet chilli sauceR420

Chicken Snacks

Drumsticks, chicken satays, and buffalo wings, served with BBQ sauceR420

Mini Quiche

A selection of homemade quiches - cheese & onion, mixed veg, bacon & cheeseR385

Savoury Pastry

Samosas, cocktail sausage rolls and mini quichesR400

Kebab

Chicken, lamb, beef and veg kebabs served with a tzatziki dipR500

Crudite

A selection of fresh vegetables, grilled vegetable skewers and crumbed vegetablesR300

Gourmet Platters

Cheese

A selection of our finest local cheeses, served with preserves, nuts and crackersR470

Cold Meat

A selection of continental cold meats, served with a wholegrain mustard mayo dip and picklesR520

Antipasti

A selection of Italian snacks - marinated artichokes, sliced parma ham, grissini sticks, olives, bocconcini caprese salad, served with a cream cheese pesto dipR520

Sushi

A selection of vegetable and salmon maki, california rolls and sandwiches, served with pickled ginger, wasabi and soya sauce (48hrs notice required)R700

Sweet Platters

Sweet Pastry

A selection of assorted homemade cakes and pastries, fresh from our bakeryR340

Deluxe

Mini brownies, meringues, chocolate dipped strawberries, fudge, chocolate eclairs and panaforte, served with a chocolate dipR370

Muffin

A selection of assorted home baked muffinsR300

All platters serve 10 people

Minimum of 24hrs notice

for all platter orders

Half sized platters available

Sandwich Platters

Assorted Sandwich

Assorted closed sandwiches with the following fillings:R370

Chicken mayo Cheese & tomato
Roast beef & tomato Tuna mayo
Ham, cheese & tomato Egg mayo

Open Sandwich

Assorted open sandwiches on a mix of french baguette and Italian panini with the following fillings:R420

Chicken mayo Cheese & tomato
Roast beef & tomato Tuna mayo
Ham, cheese & tomato Egg mayo

Smoked Salmon

Fresh brown bread or rye triangles with smoked salmon, cream cheese, red onion, capers and lemon wedges ...R450

Mini Bagel

Freshly baked mini bagels with the following fillings:R370

Smoked salmon & cream cheese
Roast beef, rocket & sun-dried tomato
Gouda, tomato & lettuce

Mini Wrap

A selection of mini wraps with the following fillings:R380

Cheddar, avo, cucumber & lettuce
Smoked chicken, tomato, sweet chilli & cream cheese
Smoked salmon, cream cheese & cucumber
Roast beef, tomato & mustard

Mini Burger

Freshly baked cocktail rolls, with the following fillings:R370

Mini beef burgers with rocket, onion marmalade & sun-dried tomato
Mini chicken burgers with lettuce and mayo

Mini Hot Dog

Freshly baked hot dog buns with a choice of beef or pork sausages with tomato sauce and mustardR370

Mini Panini

Freshly baked mini paninis with the following fillings:R370

Mozzarella, salami & pesto
Chicken mayo
Roast beef, tomato & mustard
Ham and cheese

Mini Schwarma

Freshly baked mini pitas filled with chicken and beef strips, tomato & tzatziki ...R370

Hot Meals

BeefR400

Spaghetti Bolognaise
Curry
Stew
Cottage Pie
Lasagna
Macaroni & Mince Bake
Moussaka
Stir-Fry

ChickenR400

A la King
Curry
Lasagna
Chicken & Mushroom Pasta
Stir-Fry

LambR500

Stew
Curry
Lasagna
Shepard's Pie

All meals serve 8-10 people

Vegetarian R350

Creamy spinach lasagna
Macaroni & cheese
Moussaka
Butternut & Feta Cannelloni
Spinach & Feta Cannelloni
Lasagna
Stir-Fry

Salads

Greek R185
Chicken R200
Beef R200
Butternut, Beetroot, Feta & Rocket ... R200
Three Bean R74p/kg
Caprese - sliced/bocconcini R350

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THRUPPS & Co

GROCCERS OF DISTINCTION
SINCE 1892